## 2005 MIAC Women's Cross Country Awards

## MIAC Cross Country Coach of the Year

Donna Ricks of Carleton was selected the Minnesota Intercollegiate Athletic Conference women's cross country coach of the year. Rick's Knights won their second consecutive title with the championship on Saturday, October 29th at Como Park in St. Paul. The Knights finished with a team score of 75 points topping the field of twelve teams. Carleton was led by Sarah Schillaci, Kate Meyer, and Kristina Nixon finishing sixth, ninth, and eleventh, respectively

## MIAC Women's Athlete of the Year

Gustavus Adolphus junior Hailey Harren (Cold Springs, Minn.) won the individual championship at the MIAC Country Championships. Harren's time of 21:53 established the record for the new 6K course run at Como Park Golf Course. Harren led her team to a fourth place finish in the meet.

2	005 All-Conference	(Top 15	All-Conf.)
1		` -	21:53.80
2	Keidra Anderson	HU	22:07.40
3	Kourtney Joyce	GAC	22:26.25
	Roulency boyce	Gric	22.20.23
4	Jenna Carlson	STO	22:32.05
Ļ	Tack Marin	aan	22.20 55
5	Leah Wurm	CSB	22:38.55
6	Sarah Schillaci	CAR	23:02.95
7	Jenny Olin	UST	23:08.60
8	Koby Jeschkeit-Ha	gen MAC	23:13.00
9	Kate Meyer	CAR	23:28.70
1	0 Emily Stafford	MAC	23:30.85
-	Douring Douring		20100100
1	1 Kristina Nixon	CAR	23:38.45
1	2 Angie Bergeson	AIIC	23:39.05
	Z Aligie Delgeson	AUG	23.37.03
1	3 Katie Theisen	UST	23:39.50
	4 Arblan Grana	an a	22.20.75
1	4 Ashley Cronen	GAC	23:39.75
1	5 Kezia Manlove	STO	23:40.55
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